GRATITUDE PROMPTS



- I. A strength of mine for which I am grateful is...
- 2. Something money can't buy that I'm grateful for is...
- 3. Something that comforts me that I'm grateful for is...
- 4. Something that's funny for which I'm grateful for is...
- 5. Something in nature that I'm grateful for is...
- 6. A memory I'm grateful for is....
- 7. Something that changes that I'm grateful for is....
- 8. A challenge I'm grateful for is....
- 9. Something interesting that I'm grateful for is...
- 10. Something beautiful I'm grateful for is...